

# Spring

February 18th - June 23rd, 2013  
(Closed 3/31 and 5/27)

## Covington Aquatic Center

### Pool Schedule and Program Guide

#### Public Swims

This is a time for children and families to practice their swimming skills or just have fun. The entire pool is open, including the diving board, slide, rope swing, and the magic carpet (weekdays only) or "Big Red" the inflatable octopus (weekends only). Those wishing to swim in deep water must pass a swim test (lifejackets may be used). All children 6 years of age, or less than 48" in height must be accompanied in the water and directly supervised by an adult (18 and over) at all times. Younger children are encouraged to attend Family Swims.

Tue, Thu .....	7:00 PM - 8:00 PM
Sat, Sun .....	1:00 PM - 2:00 PM
Sat .....	2:00 PM - 3:00 PM

*Special Public Swims are also offered for home school students and on certain non-school days - see Special Public Swims section.*

#### Family Swims

This is another great time for families to practice their swimming skills or just have fun. During Family Swims, all children must be accompanied in the water by an adult (18 and over). Only three children per one adult. Family Swims are limited to the shallow-end of the pool.

Sun, Mon, Tue, Wed, Thu, Fri.....	11:30 AM - 1:00 PM
Mon, Wed .....	7:30 PM - 9:00 PM
Tue, Thu .....	8:00 PM - 9:00 PM
Fri.....	6:30 PM - 7:30 PM
Sat .....	noon - 1:00 PM

	General Fee	Covington Discounted Fee
--	----------------	--------------------------------

Children under 4 years of age are free!

Youth / Adult / Senior / Disabled..... \$4.50.....\$3.75

Youth / Adult / Senior / Disabled -

10 visit discount card ..... \$40.50.....\$33.75

Family (household) ..... \$13.50.....\$11.25

☆Sunday Special - per person ..... \$3.50.....\$2.75

☆Sunday Special - per family

(household) ..... \$10.50.....\$8.25

*Memberships are also available - see Memberships section.*

#### Lap Swims

This is an opportunity for swimmers to train and exercise. Our lifeguards make every effort to manage the lap lanes and group swimmers according to ability and workout needs. We require circle swimming in lanes with 3 or more swimmers. There is no minimum age requirement, but participants must be swimming laps. A minimum of 3 lanes are available for all lap swims.

Mon, Wed, Fri.....	5:30 AM - 7:00 AM
Sun, Mon, Tue, Wed, Thu, Fri, Sat	11:30 AM - 1:00 PM
Mon, Wed .....	7:30 PM - 9:00 PM
Tue, Thu .....	8:00 PM - 9:00 PM

	General Fee	Covington Discounted Fee
Youth / Adult.....	\$6.50.....	\$5.25
Senior / Disabled .....	\$4.50.....	\$3.75
Youth / Adult 10 visit discount card .....	\$58.50.....	\$47.25
Senior / Disabled 10 visit discount card .....	\$40.50.....	\$33.75

*Memberships are also available - see Memberships section.*

#### Advanced Swim Training - New

Advanced Swim Training is designed to provide coached workouts for high school age swimmers and adults. This is perfect for the high school age swimmer that wants to train for swim team during the off-season or the adult that wants a regular coached workout to add to their fitness regiment. Workouts will be led by an on-deck coach. Each class is 1-hour long. The workouts will include warm-ups, drills, sets, and instruction on technique with the goal of improving the swimmers stroke efficiency, speed, and endurance.

Contact the Covington Aquatic Center for current Advanced Swim Training session dates and class times.

	General Fee	Covington Discounted Fee
8 class session.....	\$72.00.....	\$60.00

*(fee adjusted for different length sessions)*

## Covington Aquatic Center

Visit us online at

[www.covingtonwa.gov/cac](http://www.covingtonwa.gov/cac)

18230 SE 240th St, Covington WA 98042 • (253) 480-2480



Brought to you by:



# Spring

February 18th - June 23rd, 2013  
(Closed 3/31 and 5/27)

## General Information

### Contact

**Location:** 18230 SE 240th St, Covington, WA 98042 (next to Tahoma High School)

**Mailing Address:** City of Covington, Attn: Covington Aquatic Center, 16720 SE 271st Street, Covington, WA 98042

**Phone:** (253) 480-2480

**Email Address:** [parks@covingtonwa.gov](mailto:parks@covingtonwa.gov)

**Website:** [www.covingtonwa.gov/cac](http://www.covingtonwa.gov/cac)

### Parking

Covington Aquatic Center parking is limited and at times presents a challenge for our patrons. Please use our designated parking spaces. If these are full, you may use any available spaces in the high-school parking lots (the gravel lot accessible from 240th St often has parking available when the high school parking lot is full).

### Age Groups

Children under 4 years of age (anyone 3 years of age and under)

Youth: At least 4, but less than 18

Adult: At least 18, but less than 62

Senior: At least 62

### Refund Policy

All lesson credits and refunds must be pre-approved and will only be given to those who have missed five classes or more due to an extended illness or injury. An administrative fee of \$10 per registrant will be assessed for each lesson refund processed. All other credits or refunds must be requested at least one week prior to the start of the program, event, or rental and will carry a \$10 administrative fee for processing.

### Fees

All fee rates as of September 4th, 2012 and subject to change. Fees received from Covington Aquatic Center programs cover less than 70% of the actual cost of operation. Some program fees only cover direct costs, such as paying instructors or lifeguards. Tax is included in applicable fees.

*Please note that schedule and program information is subject to change. For the most up-to-date information, please visit [www.covingtonwa.gov/cac](http://www.covingtonwa.gov/cac). (v01.25.2013)*

## Pool Parties!

Great for birthday parties, youth groups, sports teams, church groups, and scout groups.

### Reservations

Reservations must be made prior to the rental. Facilities are booked by the hour, and payment must be received at the time of the reservation. Reservations may be made by visiting the Aquatic Center or by phone.

### Amenities

Use of the following equipment is included in a pool rental:

- Diving Board
- Rope Swing
- Water Basketball
- Mats, Noodles, Inner Tubes, and Life Jackets

Use of the following equipment is available for an additional charge:

- "Big Red" (the large inflatable octopus)\*
- The "Magic Carpet" (the floating walkway)
- "Speedy McBlue" (the water slide)
- Party Room

*\*The inflatable octopus will be in the water during all rentals on Saturday and Sunday. It must either be rented or be off-limits during the time of the rental. The inflatable octopus is not available for weekday rentals.*

### Available Days/Times

For up-to-date availability information, please call the Covington Aquatic Center. The following days and times are made available specifically for pool rentals:

Sun .....2:00 PM - 5:00 PM  
Sat .....3:00 PM - 6:00 PM

	General Fee*	Covington Discounted Fee*
25 people or less .....	\$140.....	\$115
26-60 people .....	\$190.....	\$155
61-90 people .....	\$240.....	\$200
91-120 people .....	\$295.....	\$245
121-150 people .....	\$350.....	\$290
Octopus (inflatable toy).....	\$45.....	\$35
(Note: Octopus required on Saturday and Sunday rentals)		
Waterslide, Magic Carpet, Rental Room .....	\$45.....	\$35

\*all rental fees are per hour

# Covington Aquatic Center

Visit us online at

[www.covingtonwa.gov/cac](http://www.covingtonwa.gov/cac)

18230 SE 240th St, Covington WA 98042 • (253) 480-2480



Brought to you by:



# Spring

February 18th - June 23rd, 2013  
(Closed 3/31 and 5/27)

## Group Lessons

### Parent & Child Aquatics

We offer the American Red Cross "Parent & Child Aquatics" program for parents and their children ages 6 months up to 4 years of age. This program lays the foundation for future aquatic skills.

	General Fee	Covington Discounted Fee
8 lesson session .....	\$52.00	\$42.00
<i>(fee adjusted for different length sessions)</i>		

### Preschool Aquatics and Learn to Swim Classes

We offer the American Red Cross "Preschool Aquatics" program that consists of three levels of progressive swim instruction for children 4 and 5 years of age. We also offer the American Red Cross "Learn to Swim" program for children 6 years of age and older that is made up of six levels of swimming and water safety instruction. Most classes have a maximum of 5 students. Most classes meet for 30 minutes.

	General Fee	Covington Discounted Fee
8 lesson session .....	\$72.00	\$60.00
<i>(fee adjusted for different length sessions)</i>		

### Competitive Swimming Lessons

For Learn to Swim Level 6 ability swimmers interested in an hour-long coached lesson focusing on stroke refinement, swimming endurance and competitive swimming skills.

	General Fee	Covington Discounted Fee
8 lesson session .....	\$120.00	\$100.00
<i>(fee adjusted for different length sessions)</i>		

### Learn to Dive Classes

Learn 1-meter springboard diving fundamentals and basic dives with 2 levels of dive instruction.

	General Fee	Covington Discounted Fee
8 lesson session .....	\$72.00	\$60.00
<i>(fee adjusted for different length sessions)</i>		

We offer lessons at several different times throughout the day and during the week. For session dates and specific class times, call 253-480-2480 or visit [www.covingtonwa.gov/cac](http://www.covingtonwa.gov/cac).

## Private Lessons

30-minute 1-on-1 lessons with our swim instructors are highly effective. These lessons are most popular with adults, children with special needs and children wanting additional instruction beyond group lessons. Semi-private lessons may also be arranged for 2 individuals of similar ability. For available days/times, call (253) 480-2480.

	General Fee	Covington Discounted Fee
Private lesson.....	\$35.00	\$29.00
<i>(1 student for one-half hour)</i>		
Semi-private lesson .....	\$21.00	\$17.00
<i>(per student for one-half hour, requires single payment)</i>		

## Water Exercise Classes

### Shallow Water Exercise Classes

This is a low impact class that provides a great aerobic and cardiovascular workout with muscle toning. No swimming is required.

Mon, Tue, Wed, Thu, Fri..... 8:30 AM - 9:30 AM

### Deep Water Exercise Classes

This Deep Water Exercise Class give one of the greatest aerobic and toning workouts available with absolutely no impact to the body's joints. Workouts during this drop-in class include the use of Hydro-Fit™ equipment provided by the pool. No swimming is required.

Mon, Tue, Wed, Thu, Fri, Sat..... 9:30 AM - 10:30 AM

Tue, Thu ..... 8:00 PM - 9:00 PM

	General Fee	Covington Discounted Fee
Adult.....	\$8.25	\$6.75
Senior / Disabled .....	\$6.50	\$5.25
Adult 10 visit discount card.....	\$74.25	\$60.75
Senior / Disabled 10 visit discount card .....	\$58.50	\$47.25

Memberships are also available - see Memberships section.

**Covington Aquatic Center**

Visit us online at

[www.covingtonwa.gov/cac](http://www.covingtonwa.gov/cac)

18230 SE 240th St, Covington WA 98042 • (253) 480-2480

Brought to you by:



Covington  
parksand recreation

# Spring

February 18th - June 23rd, 2013  
(Closed 3/31 and 5/27)

## Memberships

There are memberships to meet your needs no matter if you want to swim laps, play at public swims, workout in water exercise classes, or do it all!

### ***CHECK OUT THE NEW LOW MONTHLY MEMBERSHIP RATES!!!***

#### Aqua Memberships

Allow the member(s) to attend Lap Swims, Family Swims, Public Swims, and other similar drop-in swims.

	General Fee*	Covington Discounted Fee*
<b>12-Month Memberships (pay monthly)</b>		
Youth / Senior / Disabled.....	\$18.75	\$15.63
Adult.....	\$27.09	\$21.84
Family (household) .....	\$45.84	\$37.50

#### Aqua Plus Memberships

Allow member(s) the same access as Aqua Members, but additionally allows members to attend Water Exercise Classes.

	General Fee*	Covington Discounted Fee*
<b>12-Month Memberships (pay monthly)</b>		
Youth.....	\$32.50	\$26.88
Adult.....	\$40.84	\$33.13
Senior / Disabled.....	\$29.58	\$24.38

#### WaterX Memberships

Allow members to attend Water Exercise Classes only.

	General Fee*	Covington Discounted Fee*
<b>12-Month Memberships (pay monthly)</b>		
Youth / Adult.....	\$27.50	\$22.50
Senior / Disabled.....	\$21.67	\$17.50

Certain terms, conditions, and restrictions apply to memberships. For more information on memberships, contact the Covington Aquatic Center or visit [www.covingtonwa.gov/cac](http://www.covingtonwa.gov/cac).

\*Monthly fees are approximations based upon a 12-month fee divided by 12 (actual monthly fees within \$0.11).

## Upcoming Advanced Classes & Special Events

2/10.....	Northwest Lifeguard Test Prep Class
2/16.....	Sweetheart Swim
2/16-2/22.....	Lifeguard Training
2/18-2/21.....	Aquatic Volunteer Academy
3/23.....	Northwest Lifeguard Test Prep Class
3/30-4/5.....	Lifeguard Training
4/6-4/12.....	Lifeguard Training
4/16-5/10.....	Swim Instructor Training (WSI Training)
4/20.....	April Pools Day
4/28.....	Northwest Lifeguard Test Prep Class
6/1.....	Northwest Lifeguard Test Prep Class

For more information on advance classes and special events, visit [www.covingtonwa.gov/cac](http://www.covingtonwa.gov/cac) or contact the Covington Aquatic Center.

## Special Public Swims

Special Public Swims are scheduled on select days when local schools have early release days or no school; or periodically for home school students. While Special Public Swims target certain students, all Special Public Swims are open to the general public. See below for upcoming days and times.

Date	Day	Time	Target Group (but open to general public)
2/19....	Tuesday	2:00-3:00pm..	Kent, Tahoma, Home School students
2/21....	Thursday	2:00-3:00pm..	Kent, Tahoma, Home School students
3/15....	Friday	2:00-3:00pm..	Kent & Home School students
4/2.....	Tuesday	2:00-3:00pm..	Tahoma, Home School students
4/4.....	Thursday	2:00-3:00pm..	Tahoma, Home School students
4/9.....	Tuesday	2:00-3:00pm..	Kent, Home School students
4/11....	Thursday	2:00-3:00pm..	Kent, Home School students
5/7.....	Tuesday	2:00-3:00pm..	Home School students
5/24....	Friday	2:00-3:00pm..	Tahoma, Home School students
6/4.....	Tuesday	2:00-3:00pm..	Home School students
6/19....	Wednesday	2:00-3:00pm..	Tahoma, Home School students
6/20....	Thursday	2:00-3:00pm..	Kent, Tahoma, Home School students
6/21....	Friday	2:00-3:00pm..	Kent, Tahoma, Home School students

	General Fee	Covington Discounted Fee
<b>Special Public Swim (promotional rate)</b>		
Children under 4 years of age are free!		
Youth / Adult / Senior / Disabled.....	\$3.50	\$2.75
Family (household) .....	\$10.50	\$8.25

# Covington Aquatic Center

Visit us online at

[www.covingtonwa.gov/cac](http://www.covingtonwa.gov/cac)

18230 SE 240th St, Covington WA 98042 • (253) 480-2480



Brought to you by:

